



Kennebec Valley **Humane Society**

Help from Home Guide!

Catnip socks

Supplies needed: baby socks, cat nip, needle & thread

- 1: Fill clean, old socks with cat nip
- 2: Sew end of sock to keep catnip in



Toilet paper roll treats

Supplies needed: toilet paper rolls, cat treats

- 1: Fold one end of toilet paper roll in
- 2: Fill other end with cat treats
- 3: Fold open end closed



Homemade treats

Visit any of these websites to find homemade dog treat recipes:

- <https://www.thecookierookie.com/pb-dog-treats/>
- <https://fluentwoof.com/homemade-dog-treats-recipes/>
- <https://www.animalhumanesociety.org/news/your-dogs-stocking-homemade-dog-healthy-holiday-cookies>

Hay treats

Supplies needed: paper towel rolls, scissors, timothy hay

- 1: Cut slits into paper towel rolls
- 2: Fill paper towel rolls with timothy hay



Other items to make from home:

Small blankets for animal beds

T-shirt rope toys